



PALAIS
DRESDEN

Treats for Wellness Gourmets

PRICE LIST

MASSAGES

Each one can enjoy the experience by themselves but yet together – you may savor many of our massages for two in our special **Couples Suite**.

Partial & Full Body Massages

Classic partial body massage approx. 25 min € 37.00
Classic full body massage approx. 50 min € 67.00

Trained hands and the perfect empathy of our therapists improve the blood circulation of your tissues, loosen your muscles and thus relieve tension and ensure a pleasant feeling of well-being.

Manual Lymph drainage
Partial body massage approx. 25 min € 37.00
Full body massage approx. 50 min € 67.00

To let go – the best description for this truly wonderful treatment. Gentle massage strokes are designed to stimulate the lymphatic system, dispose of accumulated fluids thereby dissolving congestion of the meridians and to free the body from metabolic complaints.

PalaisDeluxe approx. 50 min € 70.00
Relax with a gentle body massage and enjoy the use of Molton Brown's luxurious care products. Coordinate your treatment according to your individual needs with our therapists.

Hot Stone Massage approx. 30 min € 49.00
Hot Stone Massage Plus approx. 75 min € 108.00

The use of hot stones relaxes and calms the body, which is stressed by everyday life. The blood circulation is increased, tension is loosened and the inner mobility of your body is stimulated by the heat-storing stones. The treatment ensures a general sense of well-being.

PalaisMassage approx. 50 min € 78.00
Couple Treatment approx. 50 min € 140.00

This massage is an experience of a special kind: hot and cold stones promise relaxation for the muscles and stimulation for the senses. Due to the different temperatures, even the smallest muscles can contract or stretch so that tensions can be loosened. Precious oils caress your body and increase the effect and enjoyment of the treatment.

Lomi Lomi approx. 75 min € 118.00

The Hawaiian pampering massage lets you wander into the distance. Hawaiian sounds and extensive massage grips with warm coconut oil accompany this deep ritual, which originally served as preparation for important events. Muscles and joints are included in this massage. The free flow of energy – created by releasing blockages – leads to balance and satisfaction.

Abyanga approx. 75 min € 118.00

This relaxing and gentle full body oil massage is both: invigorating and relaxing. Warm sesame oil and a process of massage techniques handed down over thousands of years relax you to the depths.

Hydrojet approx. 20 min € 12.50

Forget the stress of everyday life! Lie weightlessly on our waterbed and feel how your tensions dissolve slowly during the gentle massage by the hydrojet and the pleasant warmth.

Special back massage

Dorn-Breuss Treatment approx. 50 min € 78.00

This therapy serves the regulation of your spine and corrects it in a gentle way. The intermediate muscles are loosened so that the intervertebral discs can be better supplied again.

Leg and foot massages

Coffee to go approx. 35 min € 47.00

The intensely fragrant coffee bean oil stimulates the blood circulation in your legs, drains and decongests them. Antioxidants provide for a natural balance, so that nothing stands in the way of regeneration after a great strain, for example after a long flight.

Foot Reflexology approx. 50 min € 67.00

Through gentle pressure and stroking, the stimulating foot treatment has a holistic effect on the organs, joints and spine, on the nervous system and hormones. A classic among massages!

Individual

Individual Treatment approx. 50 min € 78.00

(the length of the treatment approx. 80 min € 98.00

may be amended on request) approx. 110 min € 118.00

Coordinate your treatment with your therapist and enjoy a unique and personally tailored treatment. Our knowledge and the effect of the exquisite active ingredients of the care products form the basis of your personal pampering time.

BODY SCRUBS

Salt and oil peeling approx. 20 min € 39.00

The peeling made of biologically degraded sea salt frees your skin from horny flakes and stimulates your microcirculation. You get a smooth, well cared skin appearance.

Coffee or chocolate body scrub approx. 30 min € 49.00

Choose one of the two body peeling massages and enjoy the pleasantly scented treatment. The invigorating coffee body scrub with ground coffee beans improves your blood circulation and tightens your skin. Chocolate makes happy. This also applies to the body scrub with genuine cocoa - it has a mood-enhancing and harmonizing effect.

Rasul – Oriental Steambath Ritual

1 guest approx. 35 min € 48.00

2 guests approx. 35 min € 68.00

At this traditional oriental care ceremony, various healing slurries are applied to your skin. After they have dried slightly, the sediments are softened again in a steam bath so that they can unfold their full effect. Your body will then be rubbed with sea salt. Old skin scales are removed, the subcutaneous tissue is strengthened and the metabolism is stimulated.

BODY PACKS

Mud Pack for your back approx. 20 min € 28.00
The warm moor pack stimulates circulation, loosens your back muscles and at the same time serves as a perfect preparation for a massage.

Cream Pack approx. 35 min € 47.00
The caring and moisturizing cream pack gives you the feeling of velvety skin again.

Cream Pack Plus approx. 50 min € 70.00
The caring and moisturizing cream pack gives you the feeling of velvety skin again. Enjoy a relaxing massage after the treatment.

COMBINATION OF TREATMENTS

EnergyKick approx. 25 min € 37.00
The treatment combines massages for the face, head and neck. It relaxes your facial features, relieves your shoulders and frees your head from everyday stress.

Skin like velvet & silk approx. 50 min € 60.00
This treatment cares for your body from head to toe. After an invigorating coffee or chocolate peeling, relax with a balm pack in the fragrance of your choice. The result is a skin like velvet and silk.

COUPLE TREATMENTS

Perfect Romance for 2 guests approx. 90 min € 198.00
Feel like a royal! Start your 'time for two' with a steam bath ritual. As an intermediate course, we will serve you a glass of Champagne and some homemade chocolates in our relaxation area of the Palais SPA. The Perfect Romance continues with an exclusive PalaisMassage in our Couples Suite.

Pure Relaxation for 2 guests approx. 120 min € 238.00
Experience our intensely fragrant coffee or chocolate peeling. The PalaisDeluxe massage will relax your muscles and soul at the same time, before a facial massage rounds off the pampering ritual. Enjoy a glass of Champagne in the relaxation area of our Palais SPA!

RelaxingCombination approx. 50 min € 67.00
Experience the beneficial effect of the combination of a partial body massage and a foot reflexology treatment or activating foot massage.

VitalityCombination approx. 95 min € 105.00
Enjoy the invigorating coffee body scrub and then relax with a hot stone massage. Afterwards you will experience an energy kick for face, head and neck

MANICURE AND PEDICURE

PalaisManicure – Deluxe approx. 50 min € 62.00
A peeling will perfectly prepare your hands for the following nourishing treatment. You decide whether you want us to paint your nails in the colour of your choice or pamper your hands with a gentle hand massage.

PalaisPedicure – Deluxe approx. 50 min € 62.00
With a refreshing foot bath we prepare your feet perfectly for the following peeling and pedicure. At the end of the treatment you enjoy a relaxing foot massage.

Supplement:

Classic nail polish € 8.00
French nail polish from € 15.00

WAXING

Face approx. 10 min from € 8.00
Armpit or bikini zone approx. 10 min from € 20.00
Half-leg approx. 20 min from € 30.00
Whole-leg approx. 40 min from € 48.00

FOR THE WELL-GROOMED MAN

Manicure approx. 35 min € 39.00
Pedicure with
Revitalizing foot bath approx. 35 min € 39.00
Waxing back / chest ... approx. 20 min € 30.00

FreshnessKick for men approx. 40 min € 48.00
FreshnessKick Plus for men approx. 65 min € 69.00
FreshnessKick XXL for men approx. 80 min € 85.00

Your face will be cleansed. Your skin will be scrubbed and be treated with a facial tonic. The subsequent facial massage relaxes and cares for your skin sustainably. An active ingredient mask immediately brings your skin back into balance. The application of a serum and a day or night cream completes your caring treatment. The Plus and XXL versions provide a more intensive pre-treatment and a further feel-good massage.

FOR BRIGHT MOMENTS

Eyebrow correction approx. 10 min from € 8.00
Eyebrow tint approx. 10 min € 8.00
Eyelash tint approx. 10 min € 12.00
Eyelash & eyebrow tint approx. 20 min € 18.00

FACIAL TREATMENTS

CareBasic approx. 50 min € 60.00

The basis of this treatment is microdermabrasion. The skin is freed from cornification and your cells experience an 'energy push' in a short time. The crowning glory are an intensively caring active ingredient mask, a special serum and a day or night cream.

CareClassic approx. 70 min € 78.00

The balancing and at the same time activating care treatment ensures a fresh radiance and is suitable for all skin types. Experience the effect of dermo-cosmetic products. Our cleansing ritual creates pore-deep purity and pleasant freshness for your skin. Coupled with a facial massage, an active ingredient mask, a special serum and a day or night cream, the treatment is a nurturing experience.

Individual cosmetic treatments approx. 50 min € 78.00

(the length of the treatment approx. 80 min € 98.00
may be amended on request) approx. 110 min € 118.00

Coordinate your treatment with your beautician and enjoy a unique and personally tailored treatment. Our knowledge and the effect of the exquisite active ingredients of the care products form the basis of your personal pampering time.

MAKE-UP

Bride & GalaStyling

Day make-up approx. 25 min € 19.00

Evening make-up including serum approx. 40 min € 39.00

Make-up + advice with tips from specialist approx. 50 min € 58.00

No matter which look is required - whether simple and classic for the day, stylish for the evening or elegant for an event – a glamorous appearance is guaranteed.

BrideSpecial € 80.00

Coordinate the make-up for your happy day with us individually in advance. So you can sit back and relax on your wedding day and glamorously start a new chapter in your life.

An appointment with a hairdresser can be arranged upon request.

DRESDEN RESIDENTS ARE WELCOME TOO

Our Palais SPA is also open for local guests. The following conditions apply:

Guests from Dresden

Day Ticket	€ 29.00
After Work for sauna and fitness (7pm to 9pm)	€ 19.00
Ticket for 10 visits	€ 250.00

In case of booking a treatment with a value of more than € 67.00 the entrance fee is included.

Hotel guests

Sauna	€ 9.00
Fitness	free

Club membership

Receive a **10% discount** on all treatments at the Palais SPA and the Bülow's Bistro.

6 months	incl. 3 treatments of 30 minutes each	€ 520.00
Annual membership	incl. 3 treatments of 50 minutes each	€ 960.00

Opening times

Treatments	Tue - Thu	12 am to 9 pm
	Fri - Sat	10 am to 9 pm
Sauna	Daily	4 pm to 9 pm
Fitness	Daily	7 am to 9 pm

Bathrobes, bathing shoes, hand towels, tea and water are always included for the time of your stay in our Palais SPA.

We recommend that appointments are arranged in advance when you wish to use the Palais SPA, as places in the rest area are limited. Appointments for treatments are required.

We wish you a relaxing and vitalising time!
Your SPA team



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FEINE
PRIVAT
HOTELS
kultur und gastfreundschaft

SPA Etiquette

Take time for yourself

Give yourself the gift of time prior to your appointments. Enjoy the sauna and relaxation area, have a soothing cup of tea to warm your body and soothe your mind before the treatments begin. Please allow yourself to be ready 5 minutes prior to your appointment. Your therapist will meet you in our Palais SPA so that your relaxation experience can begin smoothly and so that you will receive maximum benefits from the treatment.

Questionnaire

You will receive a short list of questions prior to your first appointment in our Palais SPA. Please take a minute to complete these. Since we want all treatments and products to be an experience with maximum effect, please help us with some information about your special wishes, goals or possibly health peculiarities. Your data and comments will be treated with utmost confidence.

Shower

A soothing shower is the ideal basis for a relaxing massage. It cleans and prepares the skin for one of our wonderful massage oils. We use only the highest-quality products for our treatments to enhance your wellbeing and your skin.

Cancelation policies

We accept a cancellation of an appointment at the latest 24 hours in advance. After that we will charge the amount of the treatment.

Fitness

The use of the fitness area is at your own risk. Suitable sport clothing must be worn. We are delighted to assist should you require any advice regarding our fitness equipment.

Smoking

For the benefit of your own health and out of respect for others, our entire Palais SPA area is a designated non-smoking area.

Consultation

Before each treatment you will be asked by our specialists what is particularly important to you in the context of the booked treatment in order to adjust your valuable treatment time as ideally as possible to your needs and requirements. Communication is the key for us so that you get the treatment that is ideal for you.

Clothing

We recommend that you undress completely for massages and body treatments – except for a slip and your bathrobe. We shall ensure that you are always partly covered during the massage to protect your privacy. On request we supply one-use slippers for ladies and gentlemen.

Relaxation

Please allow your mind and body to rest and relax, close your eyes and just let go. Concentrate on your feelings and experiences, breathe deeply, let stress and tension drift away – this is entirely your time!

Bring-alongs

Please note that you cannot bring your own drinks or food into our Palais SPA. On request we serve small snacks from our bistro kitchen.

Children

Our Palais SPA area is a place of peace and quiet. Therefore we would be thankful for your cooperation in this matter. Children up to 14 years are allowed when accompanied by an adult.

Nudism

The entire sauna section is a textile-free zone.